

You can print & complete before attending OR we will go over this with you at clinic.

Please tick the boxes to confirm that you have understood and agreed to the following:

- I have read the *preparing for your coil leaflet* and/or watched the video clips
 - I am using contraception consistently and correctly OR I have not had unprotected sex (or used withdrawal method) since my last period started
 - I have not had any problems with my usual method of contraception (burst condom, missed pills, emergency contraception etc) in the last 3 weeks. I understand it is not safe to insert a coil if I might be pregnant.
 - My coil is NOT overdue for change OR if it is overdue I have used another method of contraception or avoided sex since this date.
 - I do not believe I am at risk of sexually transmitted infections (STIs) OR I have been tested negative recently for Chlamydia / Gonorrhoea. *Risk factors for STI are having a **new partner in the last 3 months** or **more than one partner in the last year** – we recommend you attend for a self taken low vaginal swab at least 7 days before your appointment*
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- I understand that no method is 100% effective and that the coil has a **very small risk of failure** (less than 1 in 100 chance of pregnancy).
- I understand if I am pregnant with the coil in place, I should see a **Doctor urgently** as there is a risk of the pregnancy developing in the wrong place (known as an ectopic pregnancy).
- I understand that there is a **small risk of infection** (1 in 100) in the first 3 weeks following insertion of a coil but the risk after this time is no higher than before you have a coil fitted.
- I understand that there is a **1 in 20 chance of the coil expelling** (falling out). *This is more common in the first few months after fitting and we will explain how you can check your coil threads to make sure it is there.*
- I understand that there is a **very small risk of perforation** (1 in 1000). *This is making a small hole in the womb at the time of fitting.*
- I understand that a coil **does not protect you from sexually transmitted infection** and condoms are recommended to prevent infections.
- I understand that a **copper coil** may make my periods slightly heavier, longer and/or more painful
- I understand that a **hormone containing coil** will change my bleeding pattern. It usually causes erratic bleeding in the first few months, but over time will cause my bleeding to become lighter, and may stop my periods altogether.
- I understand you advise I have breakfast/lunch before my appointment, take a painkiller around 1 hour before, I should not drive for around 30 minutes after the coil insertion/change

Signature: _____ PRINT name : _____ Date: _____